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John M. Gottman is both a research and clinical psychologist with over four decades of experience. He is currently a professor emeritus at the University of Washington. Together with his wife, he is the cofounder of The Gottman Institute, which trains therapists to apply the principles he's derived from his research.

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John M. Gottman, Ph.D., is the cofounder and co-director of the Gottman Institute, along with his wife, Dr. Julie Schwartz Gottman. He is also Professor Emeritus of Psychology at the University of Washington in Seattle and the recipient of numerous national and international awards for his groundbreaking relationship research.

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John Gottman, Ph.D., is Professor Emeritus of Psychology at the University of Washington, where he established what the media called, "The Love Lab," and conducted much of his award-winning research on couple interaction and treatment. Dr. Gottman has studied marriage, couples and parent relationships for nearly four decades. He has authored or co-authored 119 published articles as well as 44 ...

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